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March 2024



## Anticoagulation FORUM

Driving Excellence in Thrombosis Care

### Webinars

## Thrombosis and Antithrombotic Care in the Hispanic Community

Tuesday | March 19, 2024 | 12:00pm ET



**Moderator**  
Julia A. Mulheman,  
PharmD, CACP



**Moderator**  
Julia Bayadinova,  
NP, MN



**Presenter**  
Alfonso Tafur,  
MD, MS, MBA

**1.0 Hours of Ethics CE Available!**

**Register Now**

### Thrombosis and Antithrombotic Care in the Hispanic Community

Tuesday | March 19, 2024 | 12 pm ET

Hispanics exhibit diverse and heightened rates of cardiovascular risk factors, including obesity, hypertension, diabetes, hyperlipidemia, psychological stress, and occupational exposures. These factors underscore the importance of understanding and addressing the unique healthcare needs within the Hispanic community.

Throughout this presentation, we will explore the prevalence of thrombosis, identify key risk factors, and examine the various obstacles to care that may disproportionately affect Hispanics. By shedding light on these issues, we aim to advocate for tailored interventions and improved access to equitable and effective healthcare resources for this vital segment of our population.

**Presenters:**

**Julia A. Mulheman**, PharmD, CACP (Moderator)

**Julia Bayadinova**, NP, MN (Moderator)

**Alfonso Tafur**, MD, MS, MBA (Presenter)

**[Learn more and register >](#)**

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**We are pleased to provide 1.0 hours enduring ethics CE for physicians, nurses, pharmacists, and pharmacy technicians!**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

**Accreditation Statement**

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Anticoagulation Forum. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Amedco Joint Accreditation Provider Number: 4008163

**Physicians (ACCME) Credit Designation**

Amedco LLC designates this material for a maximum of 1.00 *AMA PRA Category 1 Credits™* for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses (ANCC) Credit Designation**

Amedco LLC designates this activity for a maximum of 1.00 ANCC contact hours.

**Pharmacists and Pharmacy Technicians (ACPE) Credit Designation**

Amedco LLC designates this activity for a maximum of 1.00 knowledge-based CPE contact hours.

UAN JA4008163-9999-24-044-L99-P | UAN JA4008163-9999-24-044-L99-T

**NOTE to Pharmacists: The only official Statement of Credit is the one you pull from CPE Monitor. You must request your certificate within 30 days of your participation in the activity to meet the deadline for submission to CPE Monitor. Credits are generally reported during the first week of each month for those who claimed during the month prior.**

**Ethics Designation Statement**

This course has been designated by Amedco LLC for 1.00 credit of education in medical ethics and/or professional responsibility.

**[Download the Learner Notification >](#)**

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## Anticoagulants in Older Adults

Thursday | March 28, 2024 | 12:00pm ET



**Moderator**  
Andrea Van Beek, DNP,  
APRN, AGPCNP-BC, CACP



**Moderator**  
Arthur Allen, PharmD,  
CACP



**Presenter**  
Allison Burnett, PharmD,  
PhC, CACP



**Panelist**  
Margaret Fang, MD, MPH



**Panelist**  
Anna L. Parks, MD

[Register Now](#)

### Anticoagulants in Older Adults

Thursday | March 28, 2024 | 12 pm ET

Join AC Forum for a discussion on the current environment of Anticoagulants in Older Adults. The focus will delve into the publication, Comment on: 2023 updated AGS Beers Criteria for potentially inappropriate medication use in older adults. Additional consideration will be given to supplementary topics, such as fall and bleed risks and strategies for managing them, polypharmacy, anticoagulation management in nursing home settings, navigating anticoagulants with hospice/end of life situations, as well as outcomes from FRAIL-AF and other relevant papers.

#### **Presenters:**

**Andrea Van Beek**, DNP, APRN, AGPCNP-BC, CACP (Moderator)

**Arthur Allen**, PharmD, CACP (Moderator)

**Allison Burnett**, PharmD, PhC, CACP (Presenter)

**Margaret Fang**, MD, MPH (Panelist)

**Anna L. Parks**, MD (Panelist)

[Learn more and register >](#)

### Recording and Slides Now Available

February 21, 2024

A Discussion of the 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation

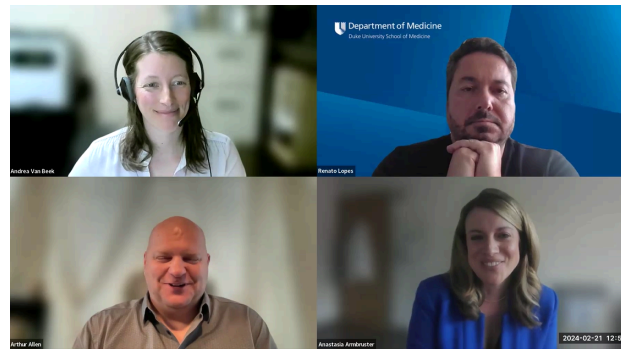
### Presenters:

**Arthur Allen**, PharmD, CACP

**Anastasia Armbruster**, PharmD, FACC,  
BCCP

**Renato D. Lopes**, MD, MHS, PhD

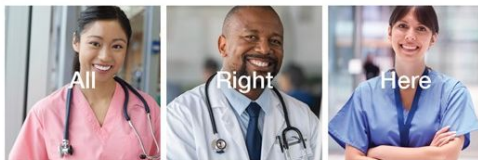
**Andrea Van Beek**, DNP, APRN,  
AGPCNP-BC, CACP



[Watch the Recording and Download the Slides](#)

## Our Webinar Archive is on YouTube!

All Things Anticoagulation



[Subscribe  
Now](#)

## News & Updates

### Boot Camp 2024 In-Person: Registration Now Open!



### Join us May 17-18 at the Sheraton Grand Nashville Downtown

Join us for an in-person event that offers approximately **13 contact hours of education!** Registration is \$399 and we have discounted hotel rates available for those who want to make a weekend out of it.

Preliminary Agenda Includes:

**Geoff Barnes**, MD, MSc

- ◆ Common Indications for Anticoagulation: Prosthetic Heart Valves
- ◆ Common Indications for Anticoagulation: Atrial Fibrillation

**Allison Burnett**, PharmD, PhC, CACP

- ◆ Anticoagulation Stewardship and Transitions of Care
- ◆ Venous Thromboembolism (VTE) Primary Prophylaxis

**Nathan P. Clark**, PharmD, FCCP, BCPS  
◆ Quality Improvement and Benchmarking  
◆ Perioperative Anticoagulation Management

**Bishoy Ragheb**, PharmD, BCACP, CACP  
◆ Anticoagulation in Special Situations

**Anita Rajasekhar**, MD, MS  
◆ Common Indications for Anticoagulation: Venous Thromboembolism  
◆ Managing Unexpected Situations

**Andrea Van Beek**, DNP, APRN, AGPCNP-BC, CACP  
◆ Shared Decision Making and Patient Education

With limited spots available, we suggest you [register today](#)! Don't miss this opportunity to join the nearly 3,000 practitioners who have benefited from our Boot Camps.

[Learn More and Register](#)

### **Inclusion, Diversity, Equity, and Allyship (IDEA) Scholarships Available!**

As an organization, the AC Forum is working to increase awareness and promote diversity in our leadership, membership, and programming. As part of this initiative, we are pleased to offer scholarships to Boot Camp to support the ongoing education of clinicians from underrepresented racial and ethnic groups.

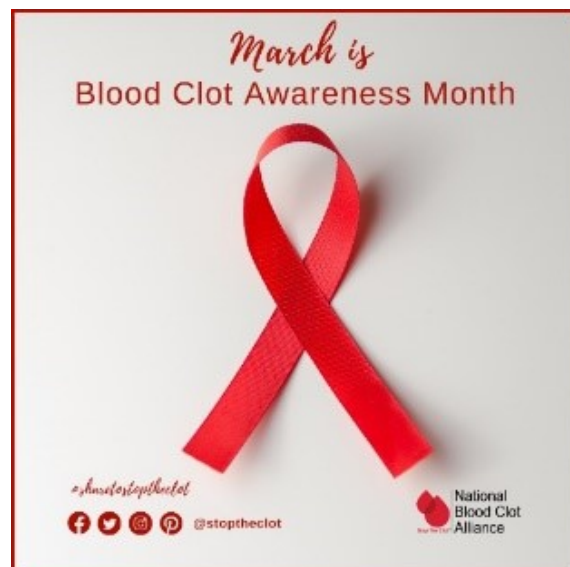
[Learn More and Apply](#)

**Applications due Sunday, March 24, 2024 at 11:59pm ET**

### **March is Blood Clot Awareness Month**

An estimated 900,000 people in the United States are affected by a blood clot every year, regardless of age, gender, or race.

Yet studies have shown that fewer than 1 in 4 people recognize the signs of blood clots. **Blood Clot Awareness Month is a great reminder to educate patients about the signs, symptoms, and dangers of blood clots.**



**How can you participate during Blood Clot Awareness Month?**



- Watch the [interview](#) of ACF board member Geoff Barnes on *The Today Show* addressing common risk factors, warning signs, and what to do in suspected cases of DVT/PE
- Listen to NBCA's podcast series [Taking a Breath: A Stop the Clot Podcast](#)
- Participate in patient education events at [stopthecлот.org](http://stopthecлот.org)
- Review our [webinar](#) on the impact of blood clots on women's health
- As an ISTH partner ([WTD 2023 Activity of the Year](#)), we encourage you to visit [ISTH Academy](#) for content on women's health and thrombosis (available for free until 3/9 for Blood Clot Awareness Month)



## New ACF Manuscript on Securing Leadership Commitment for AC Stewardship

Securing administrative leadership support for Anticoagulation Stewardship programs is often a significant barrier to implementation. In a new resource in the Journal of American College of Clinical Pharmacy entitled "[Securing Administrative Leadership Commitment for Anticoagulation Stewardship Programs](#)," we present a structured approach to guide clinicians advocating to leadership for stewardship programs at their institutions. Elevate your understanding and become a catalyst for positive change in anticoagulation care!

## Australia/New Zealand Recognize Anticoagulation as New Pharmacy Specialty



The [Australian and New Zealand College of Advanced Pharmacy \(ANZCAP\)](#) has recently added Anticoagulation to its array of specialty areas in which qualified pharmacists may obtain formal recognition for their training and expertise through the creation and evaluation of a formal Recognition Portfolio. The specialty encompasses clinical practice across inpatient, peri-operative, outpatient, ambulatory care, and primary care settings and builds on other efforts in the region to advance Anticoagulation Stewardship.



## Winner Announced: Terri Schnurr Memorial Nursing Scholarship

Congratulations to **Ruth F., RN**, recipient of the **Terri Schnurr Memorial Nursing Scholarship** to attend THSNA this April! We hope to see many of you there as well.

The THSNA Summit is a collaboration of the 13 leading non-profit organizations in the fields of Thrombosis and Hemostasis. The Summit provides a focused forum for over 1,000 attendees with an interest in bleeding and clotting disorders to network, learn, and share across disciplines and disease states. The educational programming is organized in a series of plenary presentations, educational track sessions, oral abstract presentations, and digital poster sessions.

**Register Today!**

**When you register, please note that you are associated with AC Forum!**

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## **From Our Leadership**

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### **Board Member Spotlight: Laurie Sardo**



#### **Laurie Sardo, RN, MBA, MScN, DNP-PHC**

Nurse Practitioner in the Thrombosis Service Department of Hematology  
*St. Joseph's Healthcare (Hamilton, Canada)*

#### **How did you become interested in the field of anticoagulation?**

I first started in the field of Thrombosis as a research nurse ~20 years ago for McMaster University. It was an exciting time in the field of VTE for both diagnosis and treatment. I was involved in a number of diagnostic studies for both DVT and PE, including some pregnancy studies. It was also the beginning of the DOAC era, so I was fortunate to be involved in the trials and uptake of DOACs.

#### **Do you have an ultimate career goal?**

I am in my dream job now where I split my time between 2 roles (Outpatient perioperative anticoagulant management and Inpatient Thrombosis service), so I see a lot of variety and interesting cases. Although, I always welcome a challenge!

#### **Do you have any hobbies? If not, how do you like to spend your free time?**

I love tennis, although I'm not super competitive (or good for that matter)! I also enjoy gardening and have actually won a few Trillium awards, which is a city-wide program developed to enhance the beautification of Hamilton.

#### **What is an interesting fact about yourself?**

I am one of a tight-knit 9 children family. COVID forced us to find different ways to communicate, so we started having weekly Sunday night Zoom calls to keep everyone checked in. This is still one of my favorite weekly activities.

#### **Do you have any pets?**

Yes 2 dogs. Jagger (lab/golden retriever mix) named after Mick, of course. My husband initially did not want a dog but is a Stones fan (enough said). And Keefer (chocolate lab) named after Keith Richards, who is a bit of a rascal like his namesake.

#### **What is your favorite family tradition?**

Getting my kids (now 18 & 20) excited for different holidays and birthdays. Traditionally I have set and decorated the breakfast table with a little present for them for holidays like Valentine's Day, St. Patrick's Day, Easter, and Halloween.

#### **Aside from necessities, what one thing could you not go a day without?**

Coffee!

**What is the most daring thing you've done? (I.e., your craziest adventure)**  
I'm not too crazy, so will give you my most painful adventure and that was running the Chicago marathon. 😊

## Anticoagulation Centers of Excellence (ACE)



# ANTICOAGULATION

## Centers of Excellence

Our Anticoagulation Centers of Excellence **Resource Center** hosts hundreds of resources, organized by overarching headings from most broad guidance to very specific examples that have been created and submitted by AC Forum members.

## Access our Resource Center

Updated twice monthly, the ACE **Literature Update** includes citations identified from PubMed—curated and chosen by our Centers of Excellence team—based on their utility for anticoagulation practitioners and then categorized by topic.

## Access our Literature Update

Our **Rapid Recaps** distill the top articles into a monthly bite-sized summary.

## Download this Recap

## New Rapid Recap Special Edition: AFib Guidelines

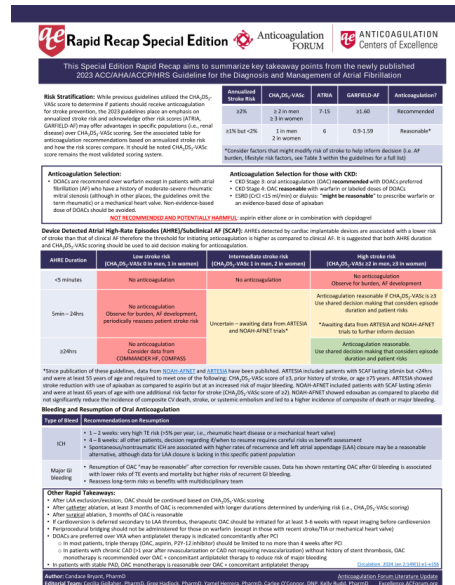
Summarizes key takeaway points from the newly published 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation.

**Author:** Candace Bryant, PharmD  
**Editorial Team:** Cecilia Gollaher, PharmD; Greg Hadlock, PharmD; Yamel Herrera, PharmD; Carlee O'Connor, DNP; Kelly Rudd, PharmD

[Download the PDF >](#)

### Recent Literature Update Highlights:

- **Prevalence of Guideline Discordant Aspirin Use and Associated Adverse Events in Patients on Warfarin for Mechanical Valve Replacement**





- **Diagnosis and Management of Cerebral Venous Thrombosis: A Scientific Statement from the American Heart Association**
- **Apixaban to Prevent Recurrence After Cryptogenic Stroke in Patients with Atrial Cardiopathy: The ARCADIA Randomized Clinical Trial**
- **Should Patients with Subclinical Atrial Fibrillation Receive Anticoagulation?**
- **Detection of subclinical atrial fibrillation with cardiac implanted electronic devices: What decision making on anticoagulation after the NOAH and ARTESiA trials?**

### **Thank You to Our ACE Committee Chairs:**

**Bishoy Ragheb**, PharmD, BCACP, CACP  
**Candace Bryant**, PharmD, BCPS, CACP  
**Carlee O'Connor**, DNP, RN, AGCNS-BC

## **Supporting Our Partners**

### **Help Spread the Word about Blood Clot Awareness Month**

Join our partners at the National Blood Clot Alliance (NBCA) in spreading awareness about life-threatening blood clots. Learn more at [stoptheclot.org](http://stoptheclot.org).



### **AFib Video Series from American College of Emergency Physicians**

Check out this [AFib Video Series](#)! In this 7-part MicroED series from the American College of Emergency Physicians, Salim Rezaie, MD, FACEP, discusses initial ED evaluations of patients with Afib and flutter, including examples of possible diagnostics and testing.

**The Anticoagulation Forum is dedicated to supporting our partners.**

Want to know how you or your organization can partner with the Anticoagulation Forum? Email us at [info@acforum.org](mailto:info@acforum.org).

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